



GECAC UNION CITY SENIOR CENTER

27 Johnson Street, Union City PA, 16438—(814) 438-2146

Open Mon. through Thurs. 9 a.m. to 3p.m.

Laura Spaid, Senior Center Director

Michele Rohrer, Assistant Director



OCTOBER 2025 Newsletter

UPCOMING SCHEDULE OF EVENTS

November—17th Pizza Day, cost is \$3.00

18th Thanksgiving Party

The cost of the Thanksgiving Party is \$5.00. Reservations are required by Wednesday, November 12th. Entertainment will be provided by DJ Mark Morris.

December— 10th Christmas Ornament Exchange

17th Christmas Party

The cost of the Christmas Party will be \$5.00. Reservations are required by Wednesday, December 10th. Entertainment will be provided by Bill Beggs Band.

31st Center Closed

OCTOBER BIRTHDAYS

2nd Ernie Hanes
4th Sue Bell
5th Bob Stowe
6th Irene Smith
7th Denny Hunter
8th Mimi Brumagin
11th Howard Buell
12th Ron Chesley
18th Irene Weaver
21st Bobbi Bish
25th Kelli Meerhoff
27th Michele Rohrer



HAPPY ANNIVERSARY

12th Bob & Monica Stowe

If we have missed your birthday or anniversary please let us know so we can add you to our list!

LUNCH RESERVATIONS

Please be sure to put in your meal reservation one week ahead of time so that we can be sure there is enough food for everyone. If you are not signed up and decide you are able to come in, please call ahead to see if we have enough food. We appreciate your cooperation!

REMINDER TO EVERYONE

HANDICAP PARKING

Please leave the handicap parking spots for individuals who truly need them. We have several consumers that have difficulty walking into the building and may not have a HANDICAP placard for their vehicle, but need to park close to the door. Thank you for your co-operation!

FARMERS MARKET VOUCHERS

Remember to visit the farmer's markets so you can enjoy the benefits of the nutrition vouchers. They will expire on November 30th.



Medicare Minute.....

Fall Open Enrollment Period also known as the Annual Election Period, is the time of year when you can make certain changes to your Medicare coverage. Fall Open Enrollment happens each year from **October 15 through December 7** and any change you make takes effect **January 1**.

During Fall Open Enrollment you can:

Pick a new Medicare Advantage or **Part D** plan. Switch between **Original Medicare** with or without a Part D plan and Medicare Advantage.

A few things to consider when making changes to your plan during Fall Open Enrollment:

- Take a look at next year's Medicare & You handbook to learn about Medicare costs and benefits for the upcoming year.
- If you have a Medicare Advantage Plan or a Part D plan, you should also receive a mailing called an Annual Notice of Change (ANOC) and/or Evidence of Coverage (EOC) from your plan. Review these notices for any changes in the plan's costs, benefits, and/or rules for the upcoming year.

Use Medicare's **Plan Finder tool** to learn about plans offered in your area. The Plan Finder tool can help you compare Part D plans based on the drugs you need, the pharmacy you visit, and your drug costs.

- Enrolling in a new plan directly through Medicare is a good way to protect yourself in case there are problems with enrollment. Write down everything about the conversation when you enroll through Medicare, including the date, the representative you spoke to, and any outcomes or next steps. You can also enroll through the plan. Before switching to a new plan, be sure your PCP is in network and also that your medications are covered. Formularies do change from year to year.



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Medicare Education and Decision Insight
PA MEDI



PA MEDI, available through your local Area Agency on Aging, offers free, confidential, unbiased, and easy-to-understand information to Medicare-eligible individuals, their families, and caregivers.

PA MEDI empowers seniors and people with disabilities to make informed decisions about Medicare health insurance.



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DEPARTMENT OF AGING







OCTOBER



Menu & Activities

Monday	Tuesday	Wednesday	Thursday
		1 OX ROAST 9:00 Fitness 9:30 Poker 12:30 Bingo	2 TUNA SALAD 9:15 Tai Chi 10:00 Line Dance
6 MEATBALL SUB 9:00 Fitness 10:00 Putt Putt 11:30 Bonanza Bingo 12:30 Bingo	7 CHICKEN 9:00 Line Dance 10:00 Bible Study 11:00 Arthritis Exercise 12:30 Crafts	8 GOULASH 9:00 Fitness 9:30 Poker 12:30 Bingo	9 CHICKEN FETTUCCINI 9:15 Tai Chi 10:00 Line Dance
13 SPAGHETTI 9:00 Fitness 11:30 Bonanza Bingo 12:30 Bingo	14 PORK ROAST 9:00 Line Dance 10:00 Bible Study 11:00 Arthritis Exercise 12:30 Crafts	15 STUFFED CHICKEN 9:00 Fitness 9:30 Poker 12:30 Bingo	16 PIZZA BURGER 9:15 Tai Chi 10:00 Line Dance 12:30 Crochet Club
20 CHILI 9:00 Fitness 11:30 Bonanza Bingo 12:30 Bingo	21 CHICKEN 9:00 Line Dance 10:00 Bible Study 12:30 Crafts	22 MEATLOAF 9:00 Fitness 9:30 Poker 12:30 Bingo	23 CHICKEN & NOODLES 9:15 Tai Chi 10:00 Line Dance 11:00 Family Feud
27 FISH 9:00 Fitness 11:30 Bonanza Bingo 12:30 Bingo	28 CHICKEN SALAD 9:00 Line Dance 10:00 Bible Study 11:00 Arthritis Exercise 12:30 Crafts	29 SWEDISH MEATBALLS 9:00 Fitness 9:30 Poker 12:30 Bingo	30 HAM 9:15 Tai Chi 10:00 Line Dance 11:00 Family Feud

Lunch is served at 11:45. The menu is subject to change, thank you for understanding.

How Do Your Donations and Fundraised Dollars Help Our Center?

Meal Donations help to off-set the cost of meals. On average, the actual cost of the meal is over \$9.00. Meal donations also help to maintain the building and maintain or replace if needed, a stove, a refrigerator, or a freezer. These dollars are vital to maintaining the Center and its daily operations.

Booster Donations and Fundraised Dollars help to pay for parties, entertainment and more. They also help to pay for programming opportunities like exercise, craft classes, computer usage, and again, more. These dollars are vital to your programming options and enjoyment of the Center.

Donations and Fundraisers are all voluntary; however, please continue to support your Center by whatever means you are able. The Centers and their services mean so much, to so many, and your support goes a long way towards helping your Center continue to offer programming and services. Would you like to make other contributions? Ask us how you can help.

WE APPRECIATE YOUR DONATIONS!

The GECAC Union City Senior Center, Operated by Greater Erie Community Action Committee (GECAC), Area Agency On Aging, is funded in part by the Department Of Aging.



Dr. Benjamin Wilson,
CEO



Ray Maholtz,
AAA Division Manager



Pennsylvania 211

What is 211 used for in PA?

Every day, clients contact 211 to access free and confidential information. If you need to connect with resources in your community, but don't know where to look, PA 211 is a great place to start. From help with a utilities bill to housing assistance, afterschool programs for kids, and more, you can dial 211 or text your zip code to 898-211 to talk to a resource specialist. Our specialists will listen to your needs, and give your information on programs in your community that might be able to help.

Visit WWW.pa211.org to explore programs available in your community by categories such as financial assistance, housing and food.



JOIN OUR FACEBOOK GROUP!

You can find us through the Group Search, just type in Union City Senior Center, and ask to join the group. There are three questions you will need to answer and then we will approve your request.

We try to keep you updated on news and alerts and we try to post our newsletter.

